

ಮಾರ್ಗದರ್ಶಿ



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The Association for Physically Challenged®



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Margadrshi E-News

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Inclusive education – programs at Chamarajanagar

As part of the inclusive education activities many programs were conducted during the period from April 2022 to March 2023 to help prepare students with disabilities to get admitted in Pre-primary, primary and secondary education, residential schools, hostels, and college education, create barrier free environment and support to provide learning, teaching, and reading materials for them, Capacity building of inclusive education stake holders for effective implementation and strengthening students with disabilities in sports, cultural and recreational activities.

Half yearly meeting for strengthening the block level rights group - May & December 22



Organized in all 5 Taluks of Chamarajanagara in which around 117 students participated. Following issues discussed in the meetings.

- Selection courses after 10th standard
- Sports meet at District level and one-week residential training for 9th Std students to be organized by Margadarshi.
- Awareness about Government facilities available.
- Parents role in the education of their children etc.
- Usage and benefits of assistive devices, reservation in education and employment, rights of students. etc.



Career Guidance & Educational Strengthening of class 10 students - Residential workshop 17th & 18th Sept'2022

Workshop was organized at VHP Higher Primary School, Chamarajanagar in which 69 students participated. Classes were conducted on Mathematics, Science and Hindi by Teachers of VHP School, Chamarajanagara. Many tips were also given in this program.

Followed by this a press meet was also given to explain the facilities and several relaxations available to the special children for the SSLC examination being held from 31st March to 15th April 2023.



An Assessment & Educational Guidance program for 155 students of 8th & 9th Standard and residential teaching program for 54 students of 9th Standard.

This was done to access the need for special coaching was conducted for students. Also, a weeklong residential teaching program of 9th standard was held from 07-10-2022 to 13-10-2022 @ Kittore Rani Chennamma residential school for girls at Yelandur Taluq.

Strengthening of students in sports, cultural and recreational activities – for 66 students on 30th & 31st July'22.

Based on their interest, disability, and gender, teams were made for shotput, discuss throw, jawline throw, throw ball, volleyball, shuttle badminton, chess, and carom for the training. They were briefed about the sports activities, sports legends and rules and regulations. The training started with sports activities prepared with the help of 6 Physical Education Teachers.

All the students participated in this sports training program actively with much interest and zeal. Their participation was very motivating.

“ Proud moment: Niranjan Kumar, a Student with disability studying in 7th standard being pursued by Margadarshi Education Coordinator was able to attend the Sports training program conducted by Margadarshi. Further he participated in Shot-Put throw at State level and won 1st place and got selected for National level. The Education Dept. wished him for his future success. Margadarshi feels proud of his achievement.”



District Level workshop for students Right Group on 02-10-2022 for 51 students.

During this workshop the students were given awareness, guidance and discussed about the following points:

- Right to live and evolve, right to protection, right to education & right to participation.
- Children’s Day on 14th November 2022
- Gram Sabha of children in November
- Paper cuttings of Gram Sabha can be posted in children’s face book so that the higher authorities will come to know their problems.
- Facilities provided such as toilets, ramps etc. should be posted in the face book.
- In 2011 Children’s Voice box started. If children/students write about their problems and put in this box three days prior to Gram Sabha meeting, this should be opened in the presence of teachers, Asha Workers etc. As this was not implemented properly in 2021 a one-week campaign was done throughout the State.



Students Study Tour to Science Park on 12-08-2022

117 Students with disabilities from all the five blocks of Chamarajanagara District who are good at studies were taken for a study tour to the Anatomy Department of Chamarajanagara Medical College and Science Park in Deena Bandhu School, Chamarajanagara on 12-08-2022.



Stake holders strengthening programs:

Orientation provided to BIERTS, Nodal officer of Education Department, MRWs (Multiple Rehabilitation Teachers) and Margadarshi Staff from 02.08.2022 to 05.08.2022 & 08.08.2022.

The Following Topics were covered under this Program:

- Holistic Rehabilitation
- Importance of Inclusive education
- How to prepare Students/parents/teachers and community for inclusive education including Home Based Education.
- Relaxation in SSLC examinations.
- Inclusive Education as per RPwD Act 2016
- Benefits of advanced technology.
- Support required for Home Based Students.

An exposure visit to Mysore was also organized where the team visited the District Early Intervention Centre, Mysore (DEIC) and JSS Physiotherapy and Rehabilitation Centre and also All India Institute of Speech and Hearing, Mysore.



Soft Skill training to 58 II PU students

Guidance on preparing for exams, including insights into the types of questions that may be asked, recommended preparation strategies, and advice on selecting a course of study within specific academic streams. Furthermore, this guidance explores a future career opportunities and the courses that can pave the way for careers in fields such as KPSC, UPSC, BHM, BSW, B.Fine Arts, Visual Arts, as well as advanced academic pursuits like Master's and Doctorate programme.

Workshop on inclusive education for Block Resource Persons and Cluster Resource Persons of Education Department of all the five blocks of Chamarajanagara-20-09-2022 and 22-09-2022.

Two days' workshop on inclusive education was held on 20-09-2022 and 22-09-2022 in the meeting hall of Deputy Director of Public Instructions, District Office Building, Chamarajanagara. **68 personnel participated.**

Special Fair (Jathre) of children with disabilities held on 04-03-2023 at St.Francis School ground, Chamarajanagara

Organised a special festival of children with disabilities from all the five Taluks of Chamarajanagara, in the age group of 3-16 years at St.Francis School premises, Ramasamudra, Chamarajanagara from 9 am to 4 pm with the help and co-operation of many well-wishers and supporters.



Children enjoyed the games sitting and sliding on the slide, merry go round, bullock cart rides etc. Overall, it was a different world for the children who had not seen such a type of fair.



Stalls of eateries like Masala poori, churumuri, cut fruits, ice creams, sweet lassi, sugarcane juice, puffed rice (puri), toffey, puliyogare, curd rice were served to all the children and all those who were present. All the children were given a kit of toys containing 5 articles.

The ground of St.Francis school where the Jathre was held, was decorated to give village festive look with buntings, Banana and areca plants, lots of fresh flowers, colourful rangoli etc. The children and the parents were entertained by Folk artists from Ramanagara and Channapatna.

Fee Support to Higher & Technical Education to students with disabilities for the academic year 2022-23

Our continuous workshops instilled confidence in students, as a result, students started dreaming about their future, and started working very hard to score good marks to get seats in best colleges and choosing the subjects others than arts.

Today we are proud to say that many students are coming out of their villages and joining the colleges in Mysore, Bangalore and opting rare subjects like science, commerce etc.

Keeping in the mind, of the future of students with disabilities, Margadarshi started providing financial support for higher education to those who are not able to afford the college fees. This is creating a positive impact on other students with disabilities, their parents, and teachers.

During the year 2022-23 Margadarshi extended Fee support to 13 students who are financially weak.

Orientation to rehabilitation stakeholders held on 19-08-22

A One-day orientation workshop was held for the officials of Rashtreeya Bala Swasthya Karyakram, Dist. Early Intervention Centre, District Disabled Rehabilitation Centre, and District Mental Health Program team (Including materials) & Rehabilitation workers on 19-08-2022 at District Early intervention Centre, Santhamarally, Chamarajanagara. The program was mainly for understanding Rehabilitation according to WHO guidelines, Utilization of available resources such as economical, technical, and human resources and Budget available in various Government schemes.



Orientation to Rehabilitation workers of all Five Taluks held during the Month of February 2023.

Topics discussed on different types of disabilities, causes, prevention, identification, developmental stages of child, benefits to the parents if early identification and early intervention services are provided on time.

The 4 D's i.e., Defects at Birth, Deficiency, Disease & Developmental delay were discussed along with Holistic rehabilitation and how early intervention services for which DDRC, RBSK, DEIC, DMHP, DBCS, NPPCD can be utilised and about Inclusive Education-New Education Policy.

Early intervention & Medical (Assistive Devices) Activities

Therapies and Skill Trainings:

Physiotherapy: During the year 2022-23, therapy was provided to **107 Children** of Kollegal, Hanur, Gundlupet, Yelandur and Chamarajanagar.

22 persons/children with disabilities, who couldn't access to the therapy centres, were provided with HOME based therapies and skilled transferred to parents/caregivers.

32 children/disabilities are connected to DEIC (District Early Intervention Centre) to get the therapy services.



Speech Therapy: **20 Children** surveyed who needs the speech therapy connected to DEIC (Dist. Early Intervention Centre- Santhemaralli, Chamarajanagar), where the children are getting the therapy.

ADL Skills Training: Our therapists are providing ADL (Activities of Daily Living Skills) training to few children in SRP Centres and few of them are referred to DEIC to get the services. **25 children** are getting benefited through this program. Few of them are developed living skills, they are independent to some extent.

Blood related disorders: **12 Children** are provided with regular medicines for their blood related disorders like Hemiphilia, Anaemia, Thalassemia etc.



Screening & Assessment camp for all the five Taluks from 14-03-2023 to 18-03-2023

Screening and assessment of children was done at Chamarajanagara Medical College Hospital, by specialists like Paediatrician, Orthopedician, ENT, Ophthalmology, Psychiatry, Psychologist, Physiotherapist, Audiologist etc., Children identified for assistive devices, hearing aids, physiotherapy, surgery etc, and did rehabilitation plan accordingly.

For the first time children with rare blood diseases such as Haemophilia, Sickle Cell Disease and Thalassemia were assessed in detail and were given factor injection and issued UDID card in the district, the credit goes to Margadarshi.



Medical Activities:

Assistive devices

Appropriate and customized assistive devices provided during the year 2022-23

Wheelchairs: 147

Mobility aids: 71

Hearing aids: 9

Walking aids: 27



Wheelchair repair and maintenance done in all the five blocks of Chamarajanagara District.

Margadarshi has conducted wheelchairs repair and maintenance in all the blocks of Chamarajanagara & Bengaluru during the month of November 2022 and did repair and maintenance of wheelchairs.



Livelihood Activities

With the aim of providing livelihood activities to the very poor parent/care givers who are staying at home to take care of the Persons with Disabilities & Children with Disabilities, so that they can also become an earning member of the family in addition to the caring, following livelihood activities supported during the year.

Door Mat Making

20 care givers who were trained in Mat making have formed Vigneshwara self-help group and are making mats at home. This group is registered under NRLM. The details of these care givers have been given to handloom and textile department for sanction of subsidy of Rs.5,000/- p.a under Nekar Samman Yojana. All the 20 beneficiaries have been given identity cards from Handloom and Textile Department.



Tailoring (Fashion designing) follow up training to 17 trainees

To enhance the skill of 17 care givers who were given training in tailoring earlier were given additional training in Fashion Designing to enhance the skill of the care givers so that they can gain the skill to stitch clothes, especially ladies' blouses, school uniforms for which there is more demand now a days and earn some money for the livelihood of their family.



Cow Rearing Activity



17 caregivers supported with donating cows and female calves under the program cow-rearing activity. Proud that care givers are earning Rs.3000/- to Rs.5000/- PM.

Case Study



Kushi. P



Apoorva



Kushi.P aged 10 years, daughter of Praveena.S & Shilpa and was diagnosed with seizure disorder with Macrocephaly with cystic Leukoencephalopathy. She was walking on tip toes and bent legs and would fall after a few steps; weakness was there in upper limb and lower limb. She could not independently go to the bathroom, and it was difficult for the child to stand from sitting without support. With the help of Physiotherapy services, assistive aids, parent education and disability management skill training to the parents by Margadarshi the child's condition has improved and she uses the bathroom and commutes to school by herself and her gait has improved a lot.



Apoorva aged 10 years, daughter of Krishna Swami & Radha was suffering from Cerebral Palsy, the Child couldn't sit or walk, and used to be by herself in one corner of the house. Margadarshi has helped Apoorva by providing physiotherapy for 3 years and gave her AFO (Ankle Foot Orthosis). After using AFO, Apoorva's feet posturing improved, and she was given bilateral medial arch support (Sandal) which helped in further stabilising her gait. Initially rollator was given which helped her to gain balance and independence. Now she can walk without support.

Bare Foot counselling training held on 21-01-2023 and 22-01-2023 in the premises of VHP School, Chamarajanagara.



To provide emotional and psychological support to the care givers, a few care givers, rehabilitation workers, Margadarshi staff and inclusive education teachers were provided training in counselling and thus prepare them as Bare Foot counsellors who can in-turn provide counselling service to care givers. **20 care givers, 5 BIERTs & DIERTs & 18 staff of Margadarshi participated in the workshop which was conducted by Dr.Veenashree, Mental Health Practitioner and Project Manager, Carers World Wide, India.**

Care giver's day celebration held on 19-10-2022 at J.H.Patel auditorium, Chamarajanagara



Care giver's day was celebrated in which around 800 care givers and persons with disabilities from different taluks participated. District sessions judge Smt.Bharathi and Mr.M.Shreedha, Member-Secretary of District Legal Cell Authority addressed the gathering and flagged off the procession. The care givers went in a procession from Pete primary school to District Office holding banners and play cards depicting their rights and problems.

After the procession and submitting their memorandum, they assembled at J.H.Patel auditorium in District Administration campus where Mr.K.V.Rajanna addressed the gathering and educated on the rights, roles and duties of care givers. He stressed on providing facilities to the caregivers like monthly allowance, health facilities, employment guarantee scheme and opening of day care centers so that the burden of the care givers can be reduced to some extent. Many care givers expressed their feelings and made requests to the dignitaries present there to take up their case with the Government.

Residential Activities in Bengaluru

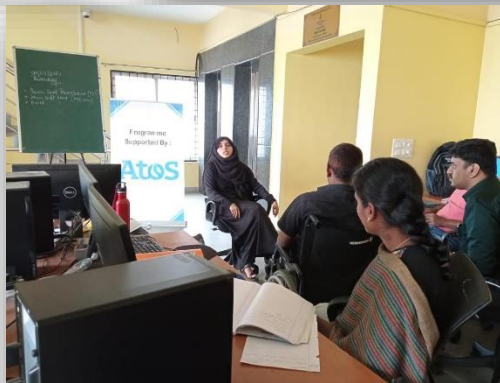
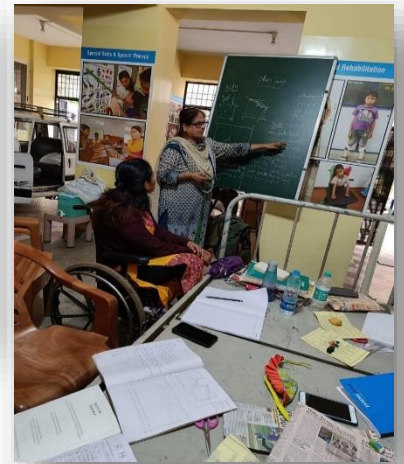
Livelihood Rehabilitation, for 30 people with disabilities- Under this program Digital Literacy training and Tailoring training were provided.

Two batches of **Digital Literacy Programmes** were conducted from July 4th to 2nd September 2022 and from February 20th to March 30th 2023. 10 candidates were trained in each batch. Trainees were taught both theory and practical. The training course encompasses 4 out of 4 National Occupational Standards (NOS) of Computer Technician – Network and Storage, qualification pack issued by “Electronics Sector Skill Council” of India. The course comprised of 6 main modules – MS Excel, IT Essentials, Soft Skills, Communicative English, Financial Literacy and Workplace Comprehension. Under these modules, following subjects were taught:

English Language – Spoken English, Personality Development, Soft Skills Training, Grammar, Sentence Formation, Prepositions and Conjunctions.

Computers – MS Excel, MS Word, MS Powerpoint, Email Writing, Video Making, Social Media Marketing / Internet Browsing. Exams were conducted on 24th August 2022 for 1st batch and on 29th & 30th March 2023 for 2nd batch. Post which the successful candidates received National Government Certificates and the Trainees are working and earning on an average of Rs.15,000 per month.

Tailoring Training to 10 women with disabilities, who were wheelchair bound was imparted from 28th November 2022 till 4th January 2023. The trainees belong to the economically weaker sections of society, as they were not qualified enough, academically, and technically, for securing a job in the formal sector. This tailoring training enabled them to earn a livelihood on their own, making them self – independent. Of the 10 trainees, 7 were provided with sewing machines to support their livelihood.





Obituary

We regret to inform that

Mr. Vasanth.A

our Executive Committee Member
passed away on 17/03/2023. He had been a
valued member of our team
since day of inception of our
Association and will be missed.



Board Members..

Smt. Shanthalakshmi V.V	- President
Smt. Geethamrutha K.M	- Vice President
Smt. Seethalakshmi K.N	- Secretary
Sri. Umakanth N	- Joint Secretary
Sri. Venkatachalam M.R	- Treasurer
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Donations

Please make cheques payable to: "Margadarshi The Association for Physically Challenged" Cheques can be directly posted to the following address

Margadarshi

Margadarshi Resource and Training Center
#47/1, Annaiah Reddy Road, Ulsoor
Bangalore – 560 084

Fund Transfer -NEFT/RTGS/IMPS

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Account Numbe 34524413998

Account Name: Margadarshi The Association for Physically Challenged Branch: Ulsoor, Cambridge Layout, Bangalore – 560 084

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Earnest request to all the Donors, after making online Contribution, please message the contribution details to any one of our committee members as listed above. This will enable us to raise the receipts in their name specifically.

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