

ಮಾರ್ಗದರ್ಶಿ



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The Association for Physically Challenged®



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Margadrshi E-News

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Lively hood Project – Training for caregivers

A Tailoring Training program for 15 people was arranged to the female care givers of severely disabled persons who are staying at home, to take care of the person with disability so that they can also become an earning member of the family in addition to the caring job. Margadarshi with the grant support of **Northern Trust** has conducted a Designer Tailoring training. Caregivers from Kollegala – 07, Chamarajanagara – 06, Gundlupet – 01, Yelandur - 01 were provided training and were also provided with sewing machines. The training program was conducted at Loka Seva Prathistana Kollegala.

On the same lines of Kollegala tailoring Unit, in Chamarajanagara also a tailoring training was started on 24-01-2022 at the Deena Bandhu Tailoring centre.



CONTINUOUS REHABILITATION TRAINING PROGRAMS FOR STAFF

A three days residential training program on Continuous Rehabilitation was held from 29-12-2021 to 31-12-2021 at JSS Training Hall, B.R.Hills, Yelandur Taluk, Chamarajanagara District for the staff members. Mr.Sudhakar and Mr.Praveen Kumar of Motivation India, Bengaluru conducted the training which included sessions on repair and maintenance of customised wheelchairs, indoor and outdoor group activities to make the trainees understand how they can achieve the goal by working together, self-evaluation, how to achieve the goal with concentration despite outside disturbances.



Later on from 29-03-2022 to 31-03-2022 an exposure visit to NGO 'Swasthya' situated at Polybetta, Virajpet Taluk, Kodagu District was arranged. Swasthya Organisation is run by TATA CSR fund and has many facilities for the special children. The staff were given a tour of the organisation and explained about the activities being conducted at the centre.

With the visit to 'Swasthya' the staff learnt valuable lessons about how to maintain and retain good relationship with the stakeholders of our work, select a beneficiary for livelihood activity, to work with severely disabled children and about different types of livelihood activities.

Education Project for students with disabilities

Block Level Right Group Strengthening Programs was conducted in the five Taluks of the district of Chamarajanagara for students with disabilities from class 5th to 8th standard during October and December 2021. Also, an educational assessment and guidance program for 250 students of 8th & 9th grade students were conducted during February and March 2022.

District Level Workshop for students with disability

Right to Education for Students with Disability workshop was held on 20.02.2022. 43 children and 16 parents from five blocks attended the workshop and were benefitted from the program. Career Guidance and strengthening in Education of 10th Std Students was arranged at BEO's (Block Education Offices) Resource Centres in each block.



A Residential Workshop for 10th Std Students was conducted at JSS RUDSET, Mariyala, Chamarajanagara during 07-03-2022 and 08-03-2022.

Soft Skill Training to PUC Students

A soft skill training to PU students was organised on 11-03-2022 at Seva Bharathi School, Chamarajanagara. PUC students from all the five blocks of Chamarajanagara District have attended this training program.



Block Level Parent's/Care Giver's Meeting

The Parent's and care Giver's meetings were held in all the five blocks of Chamarajanagara District on various dates during the month of November 2021. Education Department officials such as BEO (Block Education Officer), DDRC (District Disabled Rehabilitation Centre) staff and BIERT's (Block Integrated Education Rehabilitation Teachers) gave inputs in the meeting.



Similar programs were held in all the five blocks of Chamarajanagara District on 20-01-22 Gundlupet Block, 24-01-22 at Yelandur and Chamarajanagara Blocks and on 27-01-22 at Kollegala and Hanur Blocks. Total 137 members participated in the program. Another District Level parents meet was held in J.H.Patel auditorium, District Office premises, Chamarajanagara on 23-03-2022. Around 400 parents participated in the program.



Provision of wheelchair and Mobility Aid

Margadarshi, in association with Motivation India, is helping Children and Persons with disability to get into the mainstream community by providing customized wheelchairs and mobility aids. Accordingly, a measurement and assessment camp were organized in Association with Motivation India team at Chamarajanagar wherein a total of 72 users were provided with customised wheelchairs and 12 users were provided with mobility aids.

Disability Management Skill training Programs - Various skill training and orientation programs were held as listed below

- Disability Management Skill residential training to Parents and Children with Disabilities of Hanur and Kollegal Block of Chamarajanagara District was held on 20-21 October 2021 at Kitturu Rani Chennamma Residential School, Kollegal Taluk.
- Disability Management Skill training to Parents of Children with severe disabilities was held on 25-02-2022 at District Early Intervention Centre, Chamarajanagara Taluk.
- Two days Orientation on Early identification and early intervention to District Early Intervention team and District Rehabilitation Team on 6th and 7th January 2022 at Chamarajanagara Institute of Medical Sciences, Yedapura (Gundlupet Road), Chamarajanagara.
- Orientation programme to ASHA workers and ANM's of Chamarajanagar and Yelandur Blocks were held on 23-02-2022 @ Chamarajanagar and on 14-03-2022 @ Yelandur.
- Orientation to Doctors of Primary Health Centers (PHC), Community Health Centres (CHC) and Taluk Hospital on early identification and early intervention held on 25-03-2022 at District Health and Family Welfare Officer's meeting hall, District Administration Building, Chamarajanagara.



Case Study of Sanvitha Shetty Yelandur

“ The World is smaller than you think and the people on it are more beautiful than you think so as Margadarshi made Sanvitha Shetty’s life beautiful”



Margadarshi staff identified Sanvitha a 2 year old child, who was diagnosed with delayed development, during the month of August 2021. Field staff of Margadarshi have taken her to the therapy centre at Yelandur where therapy is provided twice a week and her parents are also trained in physiotherapy. She has been provided with Bilateral AFO, Bilateral Knee Gaiters and standing frame and her parents are trained to use the same. After using the assistive devices and therapy given, adductor neuro tightness is released, and Sanvitha has started crawling. Now she is able to sit by herself. Muscle tightness is released, and she gets up with support and stands and is also able to repeat words clearly.

With the support from Margadarshi, parents of Sanvitha are relieved of mental tension, financial burden, and physical strain. They are seeing lot of changes in their child and are grateful for the support provided by Margadarshi.



Livelihood Activity

Milch Cow Donation to care givers of profound disability children and persons with disability.

To provide livelihood activities to the very poor parent/care givers of severely disabled persons who are staying at home and also to take care of the person with severe disability in their family, Margadarshi with the financial support from Vasavi Charitable Trust, Bengaluru. Distributed Milch Cows. On 29-12-2021, Margadarshi organised a cow donation program to the identified beneficiaries i.e

1. Puttamma who is the care giver to Krishnaveni, a severely locomotor disabled person who is Wheelchair bound.

2. Vedavathi who is the care giver to Rajendra, a severely locomotor disabled person who is Wheelchair bound.

District level parents/care givers Meeting

A parents/care givers meet was held in J.H.Patel auditorium, District Office premises, Chamarajanagaraon 23-03-2022 in which around 400 parents participated. A Jatha was held and the parents demanded for providing facilities like physiotherapy, occupational therapy, speech therapy apart from providing disability management skills, providing assistive devices and training on their maintenance. The Jatha was well covered by the media.



During the jatha, the District Health and Family Welfare officer assured that a District Early Intervention Centre would be opened at Santhemarally along with the therapy services also he said that free medicines will be made available at all Government Hospitals.

Mr. Bhimsen, Deputy Secretary, Zilla Panchayath assured to provide houses and toilets to the families of children with disabilities and informed that 5% of the budget would be spent on the rehabilitation of persons with disabilities.

Our Sincere Thanks to.....



**WE ARE
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..... And Trusts/Foundation, Institutions, Partner Organizations volunteers and many many individual Donors

Livelihood Support

As part of Livelihood Support, 15 differently abled persons from economically backward communities were provided Livelihood Skill Training for Paper bag and Diya Pot painting for two months. (February and March 2022).

The training was imparted free of cost, besides those raw materials like threads, needles, Glue, Paper materials & scissors were provided. Midday meals & refreshments were also given. Also the trainees were paid with travel allowance and stipend per month. Positive feedback was received from the trainees.



Board Members..

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Donations

Please make cheques payable to: "Margadarshi The Association for Physically Challenged" Cheques can be directly posted to the following address

Margadarshi
The Association for Physically Challenged,
75/6, Hulkul Complex, Lalbagh Road,
Bangalore – 560 027

Fund Transfer -NEFT/RTGS/IMPS

Donation within India:

State Bank of India

Account Number: 34524413998

Account Name: Margadarshi The Association for Physically Challenged Branch: Ulsoor, Cambridge Layout, Bangalore – 560 084

IFS Code: SBIN0001824 Type : Current

Earnest request to all the Donors After making online Contribution, please message the contribution details to any one of our committee members as listed above. This will enable us to raise the receipts in their name specifically.

" All the Donations are exempt from tax under section 80G of Income Tax Act 1961 " If you are sending a cheque, please write the following details behind the cheque " Your Name, Email ID, Address, Contact number, PAN number. If you are wire transferring, Please email us the above details on marga_darshi@yahoo.co.in " Receipt will be emailed or couriered to you within two weeks of receiving the cheques/wire transfer.

