



## Margadarshi E-News

The Association for Physically Challenged (Regd)

Office : No. 75/6, Hulkul complex, Lalbagh Road, Bangalore – 560 027

Ph.: 080-22235810, 9538765362, 9449342940

Margadarshi Resource & Training Centre : 47/1, Anniah Reddy Road, Halasoor, Bangalore – 560008. Ph.: 9845469155/9482496037/9448270785.

email : [marga\\_darshi@yahoo.co.in](mailto:marga_darshi@yahoo.co.in) Website : [www.margadarshionline.org](http://www.margadarshionline.org)

### Community Based Rehabilitation Project (CBR)

CBR project under the theme 'District level initiative through Right Based, Developmental, dignity, identity, participation and human rights issue' was started in the year 2014 by Margadarshi in 5 talukas of Chamarajanagar District. The main aim of the project is providing Medical, Education, Social and livelihood rehabilitations for persons with disabilities, making use of available resources in the State like human, technical and financial

Under this project following activities done during the present quarter in Chamarajanagar :

On going therapy activities:

Margadarshi has been running Early Intervention program for considering the growing needs of children. The program works to identify children with developmental delays and provide them with therapeutic support like Physiotherapy, Speech therapy, Activity of Daily living skills training to develop appropriate functional skills. This is family centric program builds the capacity of parents and caregivers to facilitate the children in performing activities of daily living through a play and learn methodology. The support is provided at the family, community and center level based on the Individual Family Support Plan for each child. Nearly 100 children with disabilities have been provided with therapy regularly in all talukas – Kollegal, Hanur, Gundlupet, Yelandur and Chamarajanagar.



resources and actively involving local bodies and administrators.

Under CBR, rather than charity approach, Margadarshi concentrating on promotion of inclusive development, enabling access to therapeutic interventions. Children with disabilities to have access towards inclusive education, participation, increasing their participation in schools by creating free barrier systems, participating in social activities etc.



## Training of Staff at Chamarajanagar to protect the vulnerable community during the pandemic – Fulfilling Social Responsibility

Training was held from 18th to 22nd May 2020 at Chamarajanagar Project office consisting for the staff to educate them on how to protect themselves and the vulnerable community during the pandemic. Sessions were held on how to work along with Covid-19 implementation of safe work practices in the activities and tie up with departments, on the Concepts, Goal & Objectives of Federations both in Taluk and District level.

Also special emphasis was given on the importance of nutritious food. A session on Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA) was arranged by Mr.Naveen, District Coordinator of Narega Division of the District Panchayat.



## ALLIANCE MEETING

Margarashi has been in the forefront in forming an Alliance among the various organizations like Disabled Persons and Carers Organization, backward communities welfare organizations etc that are working in the Chamarajanagar District. This alliance helps in raising the voice of the unions and address the issues of other communities as well as other backward communities at the District level and to also to draw the attention of the District. Some of the organizations that are part of the alliance are Bhagya Lakshmi District Women's Federation, Building Workers Organization, Sreegandha Women Development Federation, Organization

of street side traders from Chamarajanagar, Disabled Association- Gundlupet, Carpenter's Association, Soliga Development Association, Organization of Rural Workers, Swaraj Organization, Nandana Women's Development Federation-Kollegal.

The main purpose of the alliance meeting is to unite the exploited classes and protect their rights, understand the problems and find solutions, to ensure accountability of local authorities and local bodies, and to put pressure to formulate new required policy rules and guidelines.

## Sri. Suresh Kumar Visited Chamarajanagar

Sir. Suresh Kumar, Education Minister and Minister In Charge of Chamarajanagar District visited the Chamarajanagar. He interacted with the families of differently abled persons and tried to heed to their problems. Many of them requested the Minister to give permission to open the Therapy Centers, as their children are becoming week day by day without the Therapy. He assured them that he would look into the matter.





## Disability Management Skills Workshop

A Disability Management Skills workshop was conducted for the Carers in which a total of 119 carers participated. The workshop not only provided some skills and factual information on how to handle the challenged children during the pandemic with different types of disabilities but also provided inputs to make it easier for families to manage these children during these trying times.

The workshop motivated the parents to continue the therapy



exercise

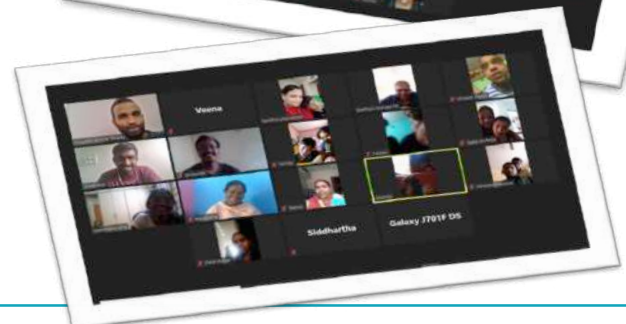
using local materials. Example; Towel, rope, wall, woodcuts and clay soil etc.... Also advised the parents to teach home based activities to children with Multiple Disability, Mentally challenged and with Cerebral Palsy, make them to organize colored beads on the thread and to tie and count. Make children to inflates/blow balloon and to apply honey ghee on the lips for saliva control. Parents were asked to allow their children to play or socialize with other children, show children stories and toys from

mobile or TV, teach pronunciations to the children with speech and hearing impairment, help them to draw and paint pictures etc thus engaging them actively.

## Interaction with Parents and Caregivers – Virtual meetings

Virtual meetings with parents, caregivers of children with disabilities and wheelchair users were held on 11<sup>th</sup> June and 22<sup>nd</sup> June along with our partner organization to identify the difficulties and to ascertain on how they are coping with COVID-19.

18 families participated in the first session and 13 families participated in the second session and shared their experience in COVID-19 Pandemic situation. The interaction was mainly to educate them to about the importance of sanitizing their seating and mobility devices. They were advised to continue physical exercises and using seating devices, to interact and share with peer parent group frequently which will help them to understand and know each other's challenges & solutions. Also shared the shared process of accessing medicines in government hospitals.



## Training of Taluk level Disabled Persons and Carers Association - Chamarajanagar

Persons with Disabilities and carers were trained in all five Taluks in the District. 261 Disabled Persons and carers participated in the training on various dates as follows

Sl.No	Taluk	Date	No of Participants.
1	Hanur	25.06.2020	42
2	Kollegal	29.06.2020	53
3	Yelandur	27.06.2020	74
4	Chamarajanagar	30.06.2020	38
5	Gundlupet	27.06.2020	54
	<b>Total</b>		<b>261</b>

The main aim of these meetings was to educate about the Covid -19 situation and create awareness about personal hygiene, community cleanliness, social distancing and in particular on how to take care during this pandemic.

Also the importance of the Organization of Disabled and carers was impressed upon. The importance of these organizations at various levels like Village Panchayat level, Taluk level was discussed. It was informed that with such organizations Carers could be empowered so that their burden is reduced and their rights are secured. Also such organizations could help in creating policy rules by the State Government to complement the rights and lives of the carers on the lines of The Disabled Persons Rights Act of 2016. Such organizations also help in ensuring the participation of the local communities and administrations and as well as ensuring family support. Such organizations also help and strengthen them to raise a voice with Disabled Persons and Carers Organizations and other disadvantaged and exploited sections of the political will and identity of the sector.

The meeting also formed a forum for

discussing and addressing the problems of the carers and disabled people. Many solutions were provided and also they were educated about the



facilities available and how they can be claimed.

During these meetings Immunity booster material kit was distributed to all 261 carers. The kits included cumin, pepper, turmeric, garlic and two bathing soaps. The event was held in Chamarajanagar Taluk and Mr. Javare Gowder, Deputy Director of the District's Public Education Department, distributed the immunity booster kit.

## Livelihood to Carers during Lockdown.

Carers were given livelihood during the Covid period by giving them stitching of masks for the distribution to students, Staff , Asha Workers, Village Rehabilitation Worker's and MRW's.





# Distribution of Grocery Kits in Chamarajanagar and Bengaluru



During the total lockdown period due to Covid-19 the children and persons with disabilities and their families had to face many problems. The main problem faced by many families was no income as they are daily wage labourers. As such shortage of food affected the children's overall health and stamina.



Margadarshi , keeping the adage, "prevention is better than cure" strived to boost the immunity of people with disabilities and thus help them from falling sick. With the support of Motivation around 60 families in Chamarajanagar and Bengaluru were provided by dry grocery kits to tide over during the lockdown period.



## Margararshi's Role In the Field of Education

Margararshi has a comprehensive education support program which starts from awareness, identification, Counseling, Training of Students with Disabilities, Parents and concerned stake holders.

Margararshi has been instrumental in mentoring the disabled students and also coordinating with the partner departments and organisations in securing their rights towards education and helping them in achieving their dreams.

We are proud to share the SSLC results of students with disabilities in the District for the academic year 2019 - 20.

*87 students (Physical disabilities, Mentally Retarded, Learning disabilities, Cerebral palsy, Partially blind and speech & Hearing) appeared for the exam. 77 students passed the exam and to be enrolled to college. Passed out percentage works out to 88.5%. 41 students scored above 60% and 4 of them passed out in distinction.*

*This remarkable improvement in pass percentage from 35% (2015) to 88.5% now is due to Margararshi's CBR Project.*

This success was because of 4 years long struggle, since then the Association addressed many problems of students with disability like :

- Denial of enrollment in Anganwadi and Schools
- Lack of guidance and incentives for the students to pursue further education after completing their education in their village

- Denial of opportunities in Hostels and Residential Schools,
- Lack of supplementary teaching and learning materials
- Lack of quick medical supplements, ancillary tools, Assistive devices which was big hindrance to participate actively in schools.
- Lack of compliance and therapy services for children with disabilities and thus was able to achieve the impressive result.

In addition to the above, Margararshi staff provided regular psychological and moral support to the children through regular contact with the children's parents and teachers. In fact they were given the courage and confidence to face the exam. Ensured that the Examination facilities shall reach all eligible students like scribe, extra time, green sticker, exemption of subjects etc.

The children were given all kinds of support to face the exam by making them feel free to go to the examination center, Sanitizer and Mask were provided by the Organisation.

**Margararshi wishes to recognize the consistent efforts of Mr. K.V.Rajanna (EX-State Commissioner of Disabilities) who is also our Project Director and the dedicated staff whose untired efforts and regular follow-ups enabled us to achieve this success.**

**All These laurels have been possible with the support and patronage of our DONORS. We request you to contribute liberally to help many more needy students.**



# Congratulations... Students Passed in Distinction



Abhishek



Ajay



Arun. P



Chethan



Devika



Sudharshan



Doddaraju



Jayalakshmi



Jeevan



Jeevankumar



Kin Ja



Lakshmi



Latha.R



Lavanya



Madhu



Mahadeva Prasad



Mahalakshmi



Maheshwari



Manikanta



Maheshwari



Naveen Raj



Pavan



Prajwal



Praveen





Rajeshwari



Rakshitha



Ravikumar



Siddappa



Siddappaji



Sukanya



Sushmitha .G



Sushmitha



Venkatesh



Y.N. Prasad



Yogesh



Yogesh

## Prathibha Puraskara





## Distribution of Assistive Devices

Assistive Devices were distributed to Ananya, Dhruva Kumar, R. Subba Rao and Sharan Rao at Bangalore.



## Obituary

We are sorry to inform you that our Life Member Sri. Ramesh Kumar.V passed away on 01/09/2020 at the age of 73.

He was very friendly with every one & stretching helping hand in all our activities. We pray the Almighty to give strength to this family to bear the void created by his untimely demise.

\*\*\*\* Om Shanthi \*\*\*

## Our Vision

To help persons with disability get transformed into self-actualizing dignified human beings as socially equal partner

## Our Mission

Remove barriers imposed by disability and instil faith and hope in disabled persons so that they start owning the process of their own development.

## Our Motto

To work towards achieving effective, productive, meaningful and dignified integration of disabled persons into the mainstream society.

## Our Sincere Thanks to....



# WE ARE SERVICE MAX

..... And Trusts/Foundation, Institutions, Partner Organizations volunteers and many many individual Donors.



## Donations

### Offline

Please make cheques payable to: "Margadarshi The Association for Physically Challenged" Cheques can be directly posted to the following address

Margadarshi  
The Association for Physically  
Challenged  
# 75/6, Hulkul Complex, Lalbagh  
Road, Bangalore – 560 027

### Transfer

#### Donation within India:

State Bank of India  
Account Number: 34524413998  
Account Name: Margadarshi The  
Association for Physically Challenged  
Branch: Ulsoor,  
Cambridge Layout, Bangalore – 560 084  
IFS Code: SBIN0001824  
Type : Current

#### International Donation

State Bank of India  
Account Number: 34524416547  
Account Name: Margadarshi The  
Association for Physically Challenged  
Branch: 4th T block, Jayanagar,  
Bangalore – 560 041, Karnataka India  
IFS Code: SBIN0004926  
Swift Code : SBININBB423

We have FCRA registration to  
receive foreign donations.

## Board Members

- Smt. Shanthalakshmi V.V - President
- Smt. Geethamrutha K.M - Vice President
- Smt. Seethalakshmi K.N - Secretary
- Sri. Umakanth N - Joint Secretary
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- Smt. Mala B.V - Executive Board Member
- Sri. Krishnamurthy N - Executive Board Member
- Smt. Mamatha N - Executive Board Member
- Sri. Srinivas B.K - Executive Board Member
- Sri. Narayan Hegde - Executive Board Member
- Smt. Mamatha N - Executive Board Member
- Smt. Nethravathi. S - Executive Board Member



- All the Donations are exempt from tax under section 80G of Income Tax Act 1961
- If you are sending a cheque, please write the following details behind the cheque " Your Name, Email ID, Address, Contact number, PAN number. If you are wire transferring, Please email us the above details on [marga\\_darshi@yahoo.co.in](mailto:marga_darshi@yahoo.co.in)
- Receipt will be emailed or couriered to you within two weeks of receiving the cheques/wire transfer

**"IT IS OUR EARNEST APPEAL TO ALL TO JOIN US IN THIS FIGHT FOR A BETTER TOMORROW AND SAFE PLACE TO LIVE IN"**