



**MARGADARSHI THE ASSOCIATION FOR PHYSICALLY
CHALLENGED |**
Hulkul Complex, No.75/6, Lalbagh Road, Bangalore- 560 027

36th Annual Report 2023 - 24



V.V.Shanthalakshmi – President
K.M.Geethamrutha – Vice President
K.N.Seethalakshmi – Secretary
N.Umakanth – Jt. Secretary
M.R.Venkatachalam – Treasurer

Executive Committee Members:
N.Krishnamurthy, N.G.Hegde
B.K.Srinivas, B.V.Mala, Murali,
Mamatha Sowdhi, Mamatha Padmanabh
Nethravathi Sanjeevaiah, D.R.Suresh

Introduction

Ever Since Margadarshi was established in 1988, it has worked towards better the lives of the challenged through rehabilitation, education, trainings and various activities. Its main activities are:

1. Medical Rehabilitation and Early Intervention Services
2. Educational support services
3. Residential care and Empowerment of girls and women with disability.
4. Empower persons with disability and their families to access and enjoy their rights.
5. Counseling, Guidance, creating healthy, helpful, and supportive environment for people with disability.

Our CBR Project theme is 'District level initiative through Right Based Approach'. Based on the WHO CBR matrix our activities are divided into 5 categories. i.e.,

- I. Medical Rehabilitation & Early intervention.
- II. Educational Support services.
- III. Social Rehabilitation.
- IV. Empowerment.
- V. Livelihood Activities

EARLY INTERVENTION PROGRAMS – 2023-24

A) Physiotherapy, Speech Therapy & ADL Skills to Children with Disabilities

i) Physiotherapy:

Physiotherapy was provided to 151 Children at five therapy centres of the district viz Kollegal, Hanur, Gundlupet, Yelandur and Chamarajanagar. 26 People with disabilities / Children with disabilities, who cannot access to the therapy centres, were provided with HOME based therapies and skills transferred to parents/caregivers and asked them to continue at their HOMES.

ii) Speech Therapy:

39 Children connected to DEIC (Dist. Early Intervention Centre-Santhemaralli, Chamarajanagar), where the children are getting the speech therapy.

iii) Activity of Daily Living skills Training:

Provided Activity of daily living skills training to few children in SRP Centres and few of them are referred to DEIC to get the services. 34 children are getting benefited through this program.

Sl.No.	Services provided	Number reached
1	Physiotherapy	177
2	Speech therapy connected to DEIC	39
3	Daily living skills	34
4	Medicines provided through Government	15
	Total	25





Sensitization workshops on the importance of Physiotherapy for Children with Disabilities to:

(B) Parents & Caregivers Training – Topics covered:

- (1) Practical knowledge on physiotherapy techniques for home use.
- (2) Enhanced communication and collaboration skills
- (3) Formed a parent network group
- (4) Provide access to informative materials
- (5) Encourage parents for personalized contacts with physiotherapists for guidance.
- (6) Equipped the parents to support their children to reach full potential.
- (7) Advanced therapy skills Training to parents
- (8) Importance of advanced physiotherapy
- (9) Targeted exercises & Therapeutic interventions to achieve milestones like muscle strength and co-ordination, enhanced balance and gait, reduce pain and stiffness, increased capacity in daily activities and accessible environment for active inclusion of Children with disabilities.

C) Sensitization Programme on Disability and Childhood Disorders for:
JSS Nursing College Students-15.12.2023, Engineering College Students – 27.02.2024
Nursing College Students – 25.02.2024 & MSW -19.02.2024 (455 students)

Topics covered:

- (1) Various types of disabilities
- (2) Effective communication and interactions with CwDs and their families
- (3) Practical skills to provide wholistic rehabilitation to CwDs & Child disorders.
- (4) Inclusion, advocacy & healthcare settings.

D) ADL Skills training program to parents of CWSN - 28.02.2024. (112 participants including staff @ Kollegal).

E) Interactive Sessions (Advanced therapy skills) with selected parents on 19th, 20th & 21st Mar 2024. (50 dedicated parents)

Mr. Sheick Sheriff-District Manager and Senior Physiotherapist of Margadarshi, 2 RPs from Mobility India, provided training on early intervention and how to train their CwDs on daily living skills. Program was specifically designed for selected caregivers residing in the Hanur, Kollegal, and Chamrajnagar district. (1) Enhancing Neck Control, Trunk Control, and Limb Movements. (2) Exercises to improve their children's

neck control, trunk stability, and limb mobility. (3) Techniques for promoting better posture and movements (4) Guidance on managing spasticity effectively. (5) Understanding the importance of maintaining an appropriate weight to foster rehabilitation. (6) Practical tips for achieving and maintaining a healthy weight. (7) Practical demonstrations and exercises to improve mobility, whether sitting, standing, or moving around. Caregivers gained confidence in assisting their children during these activities' i.e., usage of splints, parallel bars etc.



(E) Speech therapy training to Parents of Children with speech & Hearing deformity @ Kollegal on 27.03.2024. (30 parents)

Speech and Hearing specialists from JSS speech & Hearing Dept, Mysore addressed the parents guided with:

- (1) How to remove the hearing aid in night and keep safely in its box.
- (2) No.13 size battery to be used
- (3) Should not allow children to play with the hearing aid.
- (4) Shall wash in warm water once in 15 days.
- (5) Should not be used if the child has ear discharge.
- (6) Should not expose directly to sun rays.
- (7) Should not keep in the refrigerator.
- (8) Left side hearing aid will have blue colour and right one red colour on it to identify accordingly.
- (9) One battery life will be 15 days.
- (10) Importance of therapy. And how to provide at HOME (11) Not to cover the child's ear with cap or scarf.

Demonstrated how to wear the hearing aid, how they should talk to the child slowly and opening the mouth wide so that the child can understand to pronounce the word. Told the parents that never should they talk to their child with sign language, and they should not get angry or scold the child when they give speech therapy as it is very important for the child to be in good mood to understand the speech.



ASSISTIVE DEVICES - 2023 – 24



Assistive devices provided during the year 2023 – 24

Wheelchairs	-	185
Mobility aids	-	33
Hearing aids	-	14
Total	-	232

Social Strengthening Programs – 2023 - 24

Programs & Highlights 2023-24

98 groups are functioning. 80 care givers groups have opened accounts. 98 Care giver groups have started savings.

A total amount of Rs.9,68,815/- (up to 31-03-2024) has been saved.

2 Thaluk Care givers Federation meetings were held in all the five Taluks. Around 180-190 care givers participated.

District Level Key Carers Meeting was held during August 2023. Out of 25 members 18 members were present.

Livelihood support activities: - Identified 22 economically backward caregivers who are interested in cow rearing and donated 22 milking cows with female calves along with the essentials with the approximate value Rs.60,000/-.

20 care givers who were given training in tailoring and given sewing machines in 2022-23 are engaged in tailoring jobs and are earning approximately Rs.200/- per day.

Out of 20 care giver beneficiaries in Mat making, 12 members are making mats regularly who are earning Rs.150-200 per day, and the rest 8 care givers are preparing mats during their free time.



LIVELIHOOD ACTIVITIES – 2023 - 24

1. Identified 22 economically backward caregivers who are interested in cow rearing and donated 22 milking cows with female calves along with the essentials with the approximate value Rs.60,000/-

2. So far 111 care givers have received seed money at a minimum of Rs.10,000/- and maximum Rs.20,000/- to take up various livelihood activities.



Hostel facilities to Girls and Women with disabilities – Bangalore

As usual Margadarshi continued to provide shelter, food, medical care etc., to 19 residents in our training & Resource centre situated at Halasooru, Bengaluru. Out of 19 residents, 11 students are pursuing higher education in various colleges. Students are offered end-to-end support in the hostel.



Mobile Therapy Van - 29.03.2024

Mobile therapy van was donated by ANTRIX Corporation Limited is a Company owned by Government of India to our Chamarajanagar CBR Project. Total cost of the vehicle is Rs.11 lacs including modifications done according to our needs.

Mr.S.K.Agarwal-CMD, Mr.Ajith Kalghatgi-CSR Head & Mr.Ravindra-CSR Co-ordinator handed over the vehicle on 29.03.2024 after performing pooja. Mr.Shankar who connected us to ANTRIX was also present on the day.

Through this vehicle we can reach people and children with disabilities who cannot access therapy centres to provide therapy and teach the skills to parents and care givers.



REACH DETAILS – 2023-24

I	MEDICAL & Early Intervention	
1.	Assistive devices	232
2.	Early Intervention services like therapy, Speech therapy& ADL skills	250
3.	Medicines support under 5 % Budget, PHC & hospitals	32
II	EDUCATIONAL SUPPORT SERVICES	
4.	Book & study materials distribution	150
5.	Fee support	42
6.	Hostel Admission	4
7.	Career guidance, educational strengthening & soft skills to 8 th , 9 th , 10 th std students	175
8.	Block level students right group strengthening program	173
9.	Strengthening of students in sports activities	89
III	SOCIAL STRENGTHENING ACTIVITIES	
10	Thaluk Dist. Federation meetings to Persons with disabilities and parents, parent meetings & Carers day celebrations.	600
11	Carers connected to MGNREGA to work	45
12	Connected Govt. scheme to get grant to construct houses	14
13	Carers selected to work on honorarium basis	8
14	Bookkeeping training to group members	90
IV	Livelihood support & Trainings	
15	Cow rearing – Cow along with calf donated	22
16	Sewing machines provided	2
17	Tailoring training provided	22
18	Connected to jute bag making training under Udyogasheela scheme	13
V	Residential support to women & students with disabilities	19
VI	Workshops & Awareness programs to stake holders-Health & Education Block officials, VRWs, MRWs, URWs, students /community & parents/caregivers	682
19		2664
	Totals	

Statutory Information

Out of the 14 board members, 11 are not related by blood or marriage and 2 Board Members are related by marriage. The term of each Board member is 3 years. In 2023-24, two board meetings were held by **Margadarshi The Association for Physically Challenged** on **8/4/2023, 24/6/2023, 13/1/2024 and 10/03/2024** at our Office.

AGM of **Margadarshi The Association for Physically Challenged** was held on **30.11.2023**

Transparency Disclosures

- ❖ 2 Board Members were paid monthly remunerations.
- ❖ No official international travel undertaken by any Staff or Board Members

Legal Compliances

- ❖ **Margadarshi The Association for Physically Challenged** complies with statutory requirements of Income tax Act, 1961 and Foreign Contribution Regulation Act, 1976.
- ❖ All donor requirements were duly complied with **Margadarshi The Association for Physically Challenged** followed a rigorous audit process. The statutory auditor with a fixed remuneration was appointed at the Annual General Body Meeting. auditor's reports and financial statements were shared at length in the Annual General Meeting.

Salary Distribution as on March 31st, 2024

Monthly Salary of Staff Members (in Rs.)	Men	Women	Total
10,001 – 25,000	4	9	13
25,001 – 50,000	1	2	3
50,001 >	1	1	2
Total	6	12	18

MARGADARSHI THE ASSOCIATION FOR PHYSICALLY CHALLENGED
75/6 Hulkul Complex Lalbagh Road Bengaluru - 560027

BALANCE SHEET AS AT 31ST MARCH 2024

Particulars	Note	As at 31st March 2024
I. SOURCES OF FUNDS		
Fund Account	2.1	
a) General Fund		2,19,97,116
b) Land & Building Fund		1,42,20,648
c) Endowment - Corpus		64,47,737
(2) Current liabilities		
(a) Other Current Liabilities		4,26,65,501
II. Application of Funds		
Fixed Assets	2.2	1,78,51,000
Investments		
Endowment Investments	2.3	85,38,548
FD Sweeps	2.4	41,17,646
General Investments	2.5	51,56,492
Current Assets		
Deposits	2.6	1,18,080
Cash-in-Hand	2.7	71,212
Bank Accounts	2.8	66,09,867
Other Current Assets	2.9	2,02,656
III. NOTES FORMING PART OF THE FINANCIAL STATEMENTS	1 & 2	4,26,65,501

For Margadarshi The Association for Physically Challenged

As per our Report of even date

For Shravan Kumar & Co

Chartered Accountants

Firm Regn. No. 0173455



Shravan Kumar R

Proprietor

M No. 239854

UIDIN: 24239854BKDTIIA5319

V.V. Shanthalakshmi
(President)

★ M R Venkatachalam
(Treasurer)



Date: 28/09/2024
Place: Bengaluru

MARGADARSHI THE ASSOCIATION FOR PHYSICALLY CHALLENGED
75/6 Hulkul Complex Lalbagh Road Bengaluru - 560027

STATEMENT OF PROFIT AND LOSS FOR THE YEAR ENDED MARCH 31, 2024

Particulars	Note	Year ended March 31, 2024
I. Income		
(a) Donations and Grants	2.10	
i) CSR Grants		64,70,000
ii) Donations from Foreign Contributions		80,12,487
iii) Donations in kind		11,44,858
iv) Other Local Donations		39,44,492
II. Other income	2.11	10,44,719
III. Total Income		2,06,16,556
IV. Expenses:		
(a) Relief of Poor	2.12	50,96,403
(b) Education	2.13	25,99,654
(c) Medical Relief	2.14	37,59,847
(d) Advancement of any other objects of General Public Utility	2.15	52,65,025
(e) Depreciation expense	2.2	16,30,851
Total expenses		1,83,51,779
Excess of Income over Expenditure		22,64,777

For Margadarshi The Association for Physically Challenged



**V.V. Shanthalakshmi
(President)**

**M R Venkatachalam
(Treasurer)**

As per our Report of even date
For Shravan Kumar & Co
Chartered Accountants
Firm Regn. No. 017345S



Shravan Kumar R
Proprietor
M No. 239854
UDIN: 24239854BKDTHA5319

Date: 28/09/2024

Place: Bengaluru

THANKS NOTE

In the history of 31 years, we have been fortunate to execute our activities through generous support of CSR Partners, Technical Partners, Doctors, NGOs, Volunteers, Resource Persons, Community and many individual philanthropists.

Because of their unstinting support we are able to manage and continue service activities successfully.

I thank one and all because of whom our dreams are coming into reality and for having given this opportunity to serve the downtrodden people.

With much enthusiasm in our hearts, we look forward to the coming year. Let us continue to work towards our vision – to support persons with disabilities get transformed into selfactualizing dignified human beings as socially equal partners.

Sincerely in the service of MARGADARSHI !

K.N.Seethalakshmi

Secretary